Spa Grande
A WALDORF ASTORIA SPA

Treatments
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FITNESS SERVICES
Enjoy an exclusive selection of luxury pampering experiences to delight the senses and soothe the body, mind and spirit. Our professional staff is passionate about guiding you to the right spa journey so you may reach your full potential of true wellness. From the initial connection with our spa concierge to the moment your service concludes, you will discover a new level of wellbeing where beauty, nature and wellness unite.
FACIAL THERAPIES

NATURAL RESULTS by ESPA 80 mins 50 mins
Discover the deeply cleansing, skin-boosting powers of this results-focused facial. Tailored to your unique needs, this highly-personalised treatment harnesses SkinVision™ technology for advanced skin assessment to identify concerns - with visible results for all skin types.
Includes: Deep cleanse, skin analysis with SkinVision™, steam & extraction (if required), facial massage, personalized masque, & scalp massage

HYDRAFACIAL™ 80 mins 50 mins
Instant results with no downtime through Vortex-Fusion of antioxidants, peptides, and hyaluronic acid for amazing results.
Includes: Lymphatic drainage massage, deep cleanse, exfoliation, vortex extractions, hydration infusion, (80min: Décolleté, LED light therapy, personalized masque, arm & hand massage)

CUSTOM ORGANIC by Eminence 80 mins 50 mins
Organic Custom Facial brings together the finest fruits, vegetables & herbs of the season to deliver the most potent & active treatment around. Customized for all skin types to address your specific skincare goals.
Includes: Deep cleanse, steam and extraction (if required), facial massage, personalized masque, arm & hand massage, (80min: Scalp massage, leg & foot massage)

ANTI-AGING by ESPA 80 mins 50 mins
Visibly diminish the appearance of wrinkles and fine lines with this intensely rejuvenating facial. The age-defying solution for every stage of ageing; its powerful active formulas and youth-boosting facial massage leaves skin refined and firmed. Facial contours are better defined and your complexion is supple, soft and radiant.
Includes: Triple cleanse, skin analysis with SkinVision™, exfoliation, age-defying facial massage, personalized masque, and scalp massage

C & SEA BRIGHTENING by SkinCeuticals 80 mins 50 mins
Designed to help with dullness, discoloration, blotchiness & loss of elasticity. Using the purest vitamin C as well as botanicals & peptides to restore & revitalize your skins natural firmness, stimulate collagen production and protect from damage to leave a more youthful & radiant glow.
Includes: cleanse, intermediate peel, masque and moisturizer, arm & hand massage (80min: Scalp massage, leg & foot massage)

COOLING SUN REPAIR by SkinCeuticals 50 mins 25 mins
Relax and repair your skin! This treatment contains the highest concentrations of vitamin C, antioxidants and minerals to repair damage from the day’s pollution, sun and stress, as well as to hydrate.
Includes: Cleanse, cooling masque, arm & hand massage, and moisturizer (50min: Gentle exfoliation, scalp massage)
**FACIAL THERAPIES**

**MEN’S REJUVENATING by ESPA** 80 mins 50 mins  
This deep cleansing facial stimulates the complexion by removing dull, dead cells and boosting cell regeneration while personalized massage leaves skin toned, supple and energized.  
*Includes: Deep cleanse, skin analysis with SkinVision™, steam & extraction (if required), facial massage, personalized masque, & scalp massage*

**PERSONALIZED AROMATHERAPY by ESPA** 80 mins 50 mins  
Nourish your skin and release tension with this bespoke aromatherapy treatment. Intensely therapeutic and targeted to areas of stress and strain, advanced massage relieves tired muscles while the finest quality aromatherapy oils relax, detox or energise, depending on your needs.  
*Includes: Personal consultation and full body massage*

**MINDFUL by ESPA** 80 mins  
Unwind a busy mind. This holistic, deeply relaxing experience begins with mindfulness. Guiding you through breathing and visualisation techniques, your therapist will lightly massage the energy zones on the feet to rebalance and ground, before a soothing Swedish massage is continued up through the body, finishing with a re-energising scalp massage using crystals.  
*Includes: Breathing and visualisation techniques, full body relaxation and scalp massage, scalp massage*

**DEEP TENSION RELEASE** 80 mins 50 mins  
Let go of every last bit of tightness in your body as powerful, specialised massage techniques target areas of deep-seated tension to effectively loosen tight muscles and restore lightness to limbs.  
*Includes: Targeted full body deep muscle massage*

**PALA’AU JOURNEY** 80 mins  
Treat yourself to a traditional Hawaiian-style recuperative lomi-lomi massage with long gliding strokes using herbal-infused oils followed by a full body cocoon, scalp and foot massage that will leave you feeling pampered and well-rounded.  
*Includes: Personal consultation, full body lomi-lomi massage, cocoon, scalp treatment and hot stone foot massage*

**POHAKU STONE** 80 mins 50 mins  
Succumb to the deeply relaxing powers of hot stone massage as this restorative treatment targets areas of persistent tension and soothes tight, tender and aching muscles. Utilizing hot stones leaves body revived and restored.  
*Includes: Full body hot stone massage*
MASSAGE THERAPIES

HAWAIIAN LOMI-LOMI  80 mins  50 mins
Prepare to receive a traditional Hawaiian-style recuperative massage. Long gliding strokes filled with a natural healing intention will leave you feeling balanced and grounded.
Includes: Personal consultation and full body lomi-lomi massage

GRAND CLASSIC  80 mins  50 mins
Revive your body as stress is released with this combination of traditional Swedish and Hawaiian lomi-lomi massage that works to boost circulation and gently relieve muscular aches and pains.
Includes: Tailored full body blended massage

HAPAI - NURTURED MOTHER by ESPA  80 mins  50 mins
Experience gentle pampering with ESPA “Nurturing Body Oil” and body butter targeted to areas in need of special attention.
Available after the first trimester
Includes: Personal consultation and tailored full body pre-natal massage, skin-softening back exfoliation, hair & scalp treatment

ULTIMATE FOOT TREATMENT  80 mins  50 mins
Enjoy a eucalyptus & clove salt and essential oil cleansing exfoliation and foot massage using nurturing botanicals.
Includes: Scalp, neck and shoulder massage, eucalyptus foot cleansing, exfoliation and massage

FOUR-HANDS  80 mins  50 mins
Indulge your senses with two therapists working in concert over your entire body.
Includes: Tailored full body blended massage by two therapists

Enrichments  25 mins each (not available on own)
Tropical Tan Mist
Quick Body Quench
Clear-My-Head Scalp Massage
Ease-My-Soles
Quick Face Care
LifeStage™ Booster with Eye and Lip Treatment (facials only)
Alpha Beta Medi Spa Peel (facials only)
HEALING WATERS OF MAUI™

Take a journey through the Healing Waters of Maui™ as you float from the clouds to the ocean, enjoying our five specialty baths. Developed with specific therapeutic value, each bath brings you a sense of incredible luxury and aromatic bliss. Our team is committed to sharing the true beauty of Maui, and so we use a special selection of essential oils blended with Hawaiian plants, minerals, herbs, fruits and spices from local organic farms.
BODY THERAPIES

HEALING WATERS OF MAUI™ JOURNEY  110 mins
The ultimate mind, body and spirit Grand spa journey infusing the elements of the five Healing Waters of Maui™. This head to toe sensory indulgence includes a scrub, steam cocoon, pampering massage and sleep ritual.

Includes: Body exfoliation, body masque with shower and meditative tea followed by a full-body massage, scalp massage and foot wrap.

GRAND OCEAN BODY RITUAL by ESPA 110 mins
Fully indulge in a luxurious ritual as skin is nourished, tension unravels and relaxation envelops you head to toe. Body exfoliation preps and polishes to unveil fresh, soft skin, a bespoke body wrap detoxifies and nourishes depending on your needs and a tailored aromatherapy massage leaves you revitalised and restored.

Includes: Personal consultation, full body exfoliation, algae or mud wrap, full body aromatherapy massage

HONEY MACADAMIA NUT INDULGENCE  80 mins
One of our most popular treatments where you will experience a luxurious full-body whipped honey and macadamia nut oil massage, steamed towels and bee propolis applied to your back followed by a scalp and hair treatment and foot exfoliation while cocooned in soft blankets.

Includes: Body cocoon and full body massage

GREEN COFFEE SLIMMING SILHOUETTE  80 mins
Full body green coffee scrub, detoxifying herbal body wrap and vanilla-lime infused massage using only locally grown raw green coffee extract. Boost your metabolism with this antioxidant-rich, active treatment.

Includes: Full body exfoliation, detoxifying wrap and full body massage

MAUI SUGAR CANE  50 mins
Maui Sugar Cane combined with lavender-infused coconut oil is used to remove dead skin cells and polish your skin for a younger and healthier glow.

Includes: Full body exfoliation moisturizer application
SIGNATURE TREATMENTS

HOLO MALUHIA SERENITY EXPERIENCE 80 mins
Allow your mind to escape with the sound of whale song as your body absorbs the properties of a warmed sandalwood body masque and a soothing scalp massage. Finishes with a relaxing hot stone back massage. This traditionally inspired treatment escape will leave you feeling revitalised and grounded.

CHAKRA ENERGY FACIAL 80 mins
With stones strategically placed in palms and on chakras to center energy; this rejuvenating facial incorporates breathing and visualisations, massage using crystals and a toning seaweed masque. Inspired by the energy that runs through us all, this treatment will soothe mind, spirit, and body.

KEIKI & TEEN THERAPIES ages 6-17

MASSAGE 50 mins 25 mins
Chocolate Coconut Oil or Tropical Hot Stone

BODY POLISH 50 mins 25 mins
Chocolate-Coconut or Papaya-Pineapple

FACIAL 50 mins 25 mins
Tropical or Teen Acne

TEEN SPA PACKAGE ages 13-17

KOKOLEKA (Chocolate) 90 mins
Includes: 25-mins chocolate polish, 25-min chocolate massage and 25-min facial

KEIKI SPA PACKAGE ages 6-12

CHOCOLATE TSUNAMI 90 mins
Includes: 25-mins chocolate massage, manicure and pedicure
KU’UIPO “Sweetheart” SPA JOURNEYS

TROPICAL PARADISE FOR TWO 3.5hrs
Includes: Invigorating exfoliations, luxurious body cocoons, couples bath, body-butter massages, pedicures and two lunch vouchers

ROMANTIC INTERLUDE FOR TWO 2.5hrs
Includes: Side-by-side body cocoons, couples bath and duo massage
(Choice of coconut or lavender scents)

HALE FOR TWO 80mins
Includes: Footbaths with exfoliation, duo massage in our tranquil thatched-roof hale and two signature Spa Grande tote bags

DUO PALAAU JOURNEY 80mins
Includes: Hawaiian lomi-lomi massage, a full-body cocoon and a scalp and foot massage using products created on Maui

DUO POHAKU MASSAGE (hot stones) 80mins 50mins
Includes: Deeply relaxing hot stone massage for two

DUO MASSAGE 80mins 50mins
Each guest may choose from available massages

SPA PACKAGES

ESCAPE
Includes: 50-minute Grand Classic massage, 50-minute Deep Cleansing facial and pedicure

EXHALE
Includes: One hour personal training session and choice of 80-minute Sports, Thai or Shiatsu massage

MALAMA KA ʻOHANA
Create your own Malama Ka ʻOhana package based on your family’s needs
Includes: 2 adult massages and 2 children massages or 1 adult and 3 children

POOLSIDE SERVICES

CABANA MASSAGE 80mins 50mins 25mins
Includes: A relaxing massage and Maui breezes in our open-air cabana located at our Hibiscus pool for adults only

HEAD TO TOE SUN CARE 50mins 25mins
UV Protection / Sun Recovery with COOLA
Includes: Application plus relaxing scalp and foot massage
TERMÉ HYDROTHERAPY CIRCUIT

Our termé hydrotherapy circuit is a series of thermal baths, showers and one-of-a-kind features designed to soothe and rejuvenate. As our guest you are invited to spend an hour prior to your spa treatment to enjoy the benefits of the terme and a complimentary full-body loofah exfoliation performed by one of our spa(termé) attendants. Our Roman area features a luxurious whirlpool with a cold plunge, a detoxifying dry Redwood sauna and a soothing eucalyptus steam room. In the Japanese area are traditional Furo
baths with hot and cold plunges. Our Maui area features three cascading waterfalls dropping from a height of 10 feet to massage your neck and shoulders, and two tropical showers with 50 invigorating water jets that massage your entire body from head to toe. You’ll also experience the healing benefits of our island’s most precious water with five carefully designed soaking bath experiences created exclusively for Spa Grande.
HAIR-CARE
SHAMPOO / SET OR BLOW DRY
LADIES CUT & BLOW DRY
HAIR COLORING
HIGHLIGHTS / LOWLIGHTS
MEN’S HAIRCUT
BEARD OR MUSTACHE TRIM
CHILDREN’S HAIRCUT (12 and under)
BRIDAL HAIR DESIGN (Clean & dry hair)
UP-DO / SPECIALTY STYLE (Clean & dry hair)
FLAT IRON (Clean & dry hair)
CORNROW BRAIDS WITH BEADS

MAKEOVER
PROFESSIONAL MAKEUP APPLICATION
EYELASH APPLICATION
TROPICAL TAN MIST

NAIL-CARE
SPA GRANDE MANIURE
GRAND PARAFFIN MANICURE
SPA GRANDE PEDICURE
POLISH CHANGE
FRENCH / NAIL ART APPLICATION
EXPRESS FOOT MASSAGE

KEIKI MANICURE
Choice of Chocolate, Coconut or Honey Mango

KEIKI PEDICURE
Choice of Chocolate, Coconut or Honey Mango

HENNA TATTOOS

GEL NAIL-CARE
GEL POLISH MANICURE Removal & Reaplication
## Fitness Services

<table>
<thead>
<tr>
<th>Service</th>
<th>Duration</th>
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<tbody>
<tr>
<td>Personal Training</td>
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<td></td>
<td>60 mins</td>
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<tr>
<td>Semi-Private Training</td>
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<td>Yoga</td>
<td>60 mins</td>
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<td>Meditation</td>
<td>60 mins</td>
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<tr>
<td>Sports Pro</td>
<td>60 mins</td>
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Spa Services

SPA RESERVATIONS & GENERAL INFORMATION  Ext. 4949
Toll Free  (800) 772-1933
Or send text message  (808) 518-4441
THE GRAND SALON  Ext. 2498
GRAND IMAGE SPA BOUTIQUE  Ext. 2866