



GRAND WAILEA RESORT HOTEL & SPA *SPA GRANDE*

OVERVIEW:

The award-winning Spa Grande at The Grand Wailea Resort Hotel & Spa provides guests with an oasis of serenity. With its international approach to healing and rejuvenation, Spa Grande has united Thalassotherapy, Ancient Eastern and Hawaiian Philosophies with Advanced Technology to address one's wellness and beauty simultaneously. The spa offers an unparalleled array of facilities and services for men, women, teens and kids.

SPA FACILITIES:

The largest in Hawaii at 50,000 sq. ft., the spa covers two floors ("wet" and "dry") and is designed with inlaid Italian marble, original artwork, mahogany millwork and Venetian chandeliers. Spa facilities include:

- 40 individual treatment/massage rooms, many with ocean views
- Termé Wailea Hydrotherapy
 - Cedar sauna and marble steam room
 - Roman Whirlpool Tub, a full 35 ft. in diameter
 - Cascading Waterfall Massage
 - Five specialty baths
 - Japanese Furo bath
 - Swiss Jet showers
 - Complimentary exfoliating body scrub
- Full-service beauty salon, including nail care
- Fitness center with cardiovascular and strength training equipment
- Exercise rooms and cycling studio
- Racquetball and squash courts

TERMÉ WAILEA HYDROTHERAPY:

Spa Grande's signature Termé Wailea Hydrotherapy, a series of water therapies designed to soothe and rejuvenate the body and mind, form the basis of the Spa Grande philosophy. Each guest is invited to spend an hour enjoying the benefits of Termé Wailea Hydrotherapy prior to their spa treatment. Guests may relax in the **Roman Whirlpool Tub** with cold plunge pool and the **Japanese**

Furo Bath. The **Cascading Waterfall Massage** is another unique whirlpool featuring jets of water that massage hips, calves and feet while a waterfall of water cascades from a height of 10 ft. to massage the neck and shoulders. The Termé Wailea Hydrotherapy also includes five **Specialty Baths** — Moor Mud, Limu (seaweed), Aromatherapy, Tropical Enzyme and a Hawaiian Salt Bath. The **Swiss Jet Showers** feature needlepoint jets that massage the body in a private shower. In preparation for their spa treatment, guests receive an invigorating **Loofah Scrub**, which exfoliates the skin and improves circulation, preparing guests for their spa treatments.

SAUNA / STEAM ROOMS:

Spa Grande’s Termé Wailea Hydrotherapy also includes a sauna and marble steam room. The dry heat in the custom redwood sauna averages 147°F. The steam room, averaging 105°F with 100% humidity, cleanses the pores and rids the skin of impurities, helping to restore a healthy glow to sallow complexions as well as warming and soothing aching muscles.

PHILOSOPHIES:

WATER:

“The Healing Waters of Life” therapies feature bathing rituals, relaxing baths, hydrotherapy treatments and Thalassotherapy Ocean oriented treatments.

- Hawaiian Salt & Ala‘e Clay Exfoliation
- Moor Mud & Noni Masques
- Seashell Massage
- Deep Sea Facial
- Spirulina Bath
- Ultimate Foot Treatment

FIRE:

“The Therapeutic Heat” treatments warm the body using hot lava stones, steam and dry heat resulting in therapeutic benefits.

- Haleakala Dream Bath
- Pohaku (Hot Lava Stone) Massage
- Hydrating Vitamin C Facial
- Ali‘i Honey Steam Wrap

- Healing Paraffin Wrap

EARTH:

“Mother Nature’s Healer” treatments feature the healing ingredients of flowers, herbs, plants, mud and fruits – all nurtured by and derived from Mother Earth.

- Lokelani Rose Petals Bath
- Hapai Massage
- Cocoa Butter Massage & Wrap
- Volcanic Ash Wrap
- Aromatherapy Massage
- Spa Grande Deep Cleansing Organic Facial

AIR:

“Oxygen is Life giving breath” features oxygen treatments and other therapies that emphasize proper breathing habits to increase oxygen within your body.

- Oxygen Bath
- Poolside Massage
- Glycolic / Oxygen Facial
- In-Room Massage
- Hawaiian Golden Tan

HARMONY:

“Asian treatments and therapies” focus on bringing the body, mind spirit into balance.

- Shiatsu Back Walk Massage
- Thai Cooling White Clay
- Mandi Susu Bath
- Thai Herbal Bolus Massage
- Traditional Lulur
- Crystal Energy Massage

FULL AND HALF DAY SPA PROGRAMS:

Spa Grande offers a wealth of luxurious spa programs that range in length from three hours up to an entire day of pampering. Full and Half Day Spa programs include:

- Wailele (Waterfalls) (4 1/2 hours)
- 'Aina (Earth) (4 1/2 hours)
- Makani (Winds) (4 hours)
- Lokahi (Harmony) (4 hours)
- Spa Grande Treasures (5 hours)
- Luxurious Lavender For Two (3 1/2 hours)
- Wela (Heat) (4 hours)
- Romantic Interludes For Two (3 1/2 hours)

TEEN SPA:

Spa Grande offers teens ages (13-19) various massages, facials, body therapies

Teen Spa Treatment Includes:

- Wave Massage
- Spa Grande Facial
- Tropical Fruits Scrub
- Body Bronzing
- Make Up Lessons
- Henna Tattoos

TEEN SPA PROGRAMS:

Teens can enjoy a half-day or full day of spa treatments offering a variety of youth designed programs, which include multiple treatments such as facials, body treatments and massages.

- Anuenue (Rainbow) (4 1/2 hours) (5 1/2 hours)
- Kelekele (Mud) (2 hours) (3 hours)
- Kokoleka (Chocolate) (1 1/2 hours) (2 1/2 hours)

KEIKI (CHILDREN) SPA:

Keiki (6-12) can enjoy the spa experience massages, pedicures, Henna tattoos and more.

Keiki (children) Spa Treatments:

- Wave Massage
- Chocolate-Coconut Massage
- Honey Sugar Manicure
- Braids / Cornrows
- Henna Tattoos

**KEIKI SPA
PROGRAMS:**

Keiki can join in the spa experience with specific programs designed especially for them, including a choice of massages, facials, color gel applications, manicures and more.

- Wailea (For Girls)
(3 hours)
- Maui (For Boys)
(3 hours)
- Chocolate Tsunami
(1 1/2 hours)

FITNESS CENTER:

Spa Grande's Fitness Center features cardiovascular and strength training equipment including treadmills, stair climbers, recumbent and upright bicycles, impact-free elliptical trainers, and top-of-the-line Paramount strength-training equipment.

**FITNESS SERVICES
AND CLASSES:**

Fitness Professionals:

The team of certified professionals (American Counsel of Exercise & Aerobic and Fitness Association of America) hold varying degrees in health science fields. The staff is available for one-on-one, private consultations with guests to design programs geared to each guest's specific lifestyle and training goals. Guests will have an enriched understanding and appreciation for a healthy and physically fit lifestyle after just one session.

Fitness classes and consultations:

- Personal Training
- Fitness Assessment
- Nutritional Consultation
- Boot Camp
- Yoga, Wai (water) Yoga
- Pilates Mat
- Sunrise Power Walk
- Racquetball, Squash, Walleyball, Handball, Basketball
- Private Lessons with a Sports Pro
- Reebok Coreboard

COURTS:

Spa Grande features one of only two squash and racquetball courts on the island. This indoor, air-conditioned court is available to all guests by signing up at the Spa reception desk. All equipment is provided.

Guests can participate in Spa Grande's "Challenge Court" or sign up for a private lesson or game with the Sports Pro. Guests can also enjoy a pick up basketball game on the regulation size half court.

OTHER SERVICES:

Spa Grande also contains The Grand Design Salon, a full-service hair and nail salon that offers the best in hair care and styling, as well as nail care and waxing services. Select salon services are also offered by the Activity Pool - cornrow braids, hair wraps, henna tattoos, manicures and pedicures. Poolside massages are offered next to the Hibiscus Pool on a first come, first served basis. The Grand Image Boutique is stocked with all the skin care and spa products used at Spa Grande. The Ola Kino juice bar, located in the Fitness Center, serves fresh Energy drinks to nourish the body.

ADDRESS:

Grand Wailea Resort Hotel & Spa
3850 Wailea Alanui
Wailea, Maui, HI 96753
(808) 875-1234
Email: spa@grandwailea.com

###